















# Dirty DOZEN

GO ORGANIC.

1. apples 
2. PEACHES 
3. nectarines 
4. STRAWBERRIES 
5. GRAPES 
6. CELERY 
7. SPINACH 
8. Sweet BELL peppers 
9. CUMBERS 
10. Cherry tomatoes 
11. Snap PEAS - IMPORTED 
12. potatoes 
- ⊕ HOT PEPPERS 
- ⊕ kale / COLLARD GREENS 

# Clean FIFTEEN















CONVENTIONAL OK.

1. AVOCADOS
2. Sweet CORN
3. pineapples
4. Cabbage
5. Sweet PEAS - FROZEN
6. ONIONS
7. ASPARAGUS
8. mangos
9. PAPAYAS
10. kiwi
11. EGGplant
12. GRAPEFRUIT
13. CANTALOUPE
14. Cauliflower
15. Sweet potatoes

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